

## Wednesday, Sept 18, 2019

7 a.m. - 5 p.m. | SECR Entertainment Hall

## Two ways to participate!

- 1. Walk in the SECR Entertainment Hall OR
- 2. Check in using "SCIT On The Move" signs!
- The first 150 participants will receive a T-shirt

## For more information, please contact:

**Toni Smith,** Wellness Coordinator **Phone:** 989.775.5624 | **Email:** TSmith@sagchip.org

## Prize giveaway! SECR Overnights, SECR Concert Tickets, Fitbits, & gift cards!



